

## **NEW MOM GROUP IS BACK!**

***Our 1<sup>st</sup> meeting is this Thursday, August 6<sup>th</sup> due to predicted rain the night before***

**When:** We will meet on Wednesdays from 10:00 to 11:30.

**Rain/wet ground day:** Thursday morning at the same time.

**Where:** Winston Prouty Campus under the BIG WHITE TENT.

**Masks:** Yes please. If you need one, we will have some extras at the meeting

**Please bring:** A blanket to sit on. There will also be chairs available.

**Social Distancing:** It's a big tent! It's 20x40 and can accommodate up to 12 moms and babies and maintain more than 6' distancing. And we will be outside with masks on.

**COVID screening:** We ask that each mother complete a screening questionnaire upon arrival. Below are the questions we ask; likely the same questions you're asked when you go to a medical appointment. We will have a thermometer and hand sanitizer.

- No one in my household has any symptoms of COVID-19, such as a cough, fever, shortness of breath, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, rash non-allergic nasal discharge or new loss of taste or smell.
- No one in my household has tested positive for COVID19 or been notified by the Dept. of Health that we are considered a close contact to someone else that has tested positive for COVID19 in the past 14 days.
- No one in my household is awaiting results of a COVID-19 test ordered by a health care professional based on having presented symptoms
- No one in my household has traveled to a location outside of the Northeast US or to a location within the Northeast US that has a high rate of active cases as defined by Vermont Department of Health's Travel Map within the last 14 days. Below is the link for "safe counties.

<https://accd.vermont.gov/covid-19/restart/cross-state-travel>

**Facilities:** Bathrooms are close by. We will have water and paper cups available.

**Topics:** We will announce topics on the New Moms Facebook page weekly

**Directions:** Winston Prouty is on the old Austine School campus on Maple Street. Turn onto Austine Drive and continue driving up the hill. Don't turn left into the lower parking lot. You will drive by the Garland School and Aspire. You will see a tall brick building: Holton Hall and a larger white tent further on. You can park in the spaces in front of Holton Hall and walk to the tent.